

## Expenses for Conceiving, Pregnancy and First Year of Baby

compiled by Jessica on behalf of the Choice Mom community at ChoiceMoms.org

\*Prices are based on East Coast Costs and Internet Prices and may vary depending on location

\*\*Expenses are calculated as if everything is bought new and/or no insurance coverage

Method of Acquiring:
1. Personal Expense
2. Insurance with Co-Pay
3. Insurance after deductible
4. Free (Passed down, complimentary service)
5. Borrowed
6. Gift

Items	Method of Acquiring	Unit	Unit Price	Total
<b>Process to Conceive</b>				
Vials of Sperm	Personal Expense	6	\$425	2556
Registration at Bank	Personal Expense	1	\$150	150
Counseling Visit/Appointment	Personal Expense/Insurance	1	\$250	250
Day 3 Blood Work	Personal Expense/Insurance	1	\$670	670
General Blood Testing	Personal Expense/Insurance	1	\$500	500
RE Visits/Appointment	Personal Expense	6	\$100	600
IUI Insemination (unmedicated)	Personal Expense	6	\$300	1800
Ovulation Induction Cycle	Personal Expense	6	\$2,400	14400
IVF Cycle (Excluding medications)	Personal Expense	1	\$9,500	9500
Donor Long Profile	Personal Expense	5	\$17	85
Photo of Donor	Personal Expense	1	\$35	35
Shipping Vials	Personal Expense	6	\$190	1140
Fertility Drugs (clomid, etc)	Personal Expense			
Pre-natal visits with ObGyn	Insurance with co-pay	6	\$101	606
Storage of Vials	Personal Expense (3 months free)	5 years	\$1,350	\$1,350
<b>Sub-Total</b>				<b>33642</b>
<b>Pre-natal Care through Delivery</b>				
Pre-natal vitamins	Personal Expense/Co Pay with Insurance	2	\$10	20
ObGyn Appts. Initial visit	Insurance with co-pay	1	\$30	30
Birthing Classes/Lamaze Classes	Insurance with co-pay	1 Class (4 weeks)	\$150	150
Pregnancy Yoga Classes	Personal Expense	4 per month for 3 months	\$15	180
Ultra Sounds/Tests	Insurance with co-pay	3	\$199	397
Pregnancy Fetal Non-Stress Test	Insurance with co-pay	1	\$101	101
Delivery	Insurance with co-pay	80% covered by insurance	8,175	8,175
Birthing Center	Insurance with co-pay			
Maternity Clothes	Personal Expense/Free	10	\$20	200
Baby Books (pregnancy/birth/parenting)	Personal Expense/Free	3	\$20	60
Bed Rest Expense	Disability Insurance/Personal Expense			
Emergency Care for Baby (Premie, complications)	Insurance with co-pay			
Delivery (with complications)	Insurance with co-pay	1 (Additional Cost on top of regular delivery)	\$4,396	4,396
Midwife Appts.	Insurance with co-pay			
<b>Sub-Total</b>				<b>13709</b>
<b>Baby Items to be Purchased Prior to Birth</b>				
Crib		1	\$250	250
Crib Bedding		2 sets	\$100	\$200
Pack N Play (with Bassinet)		1	\$100	100
Crib mattress		1	\$50	50
Bassinet		1	\$50	50
Stroller		1	\$115	115
Running Stroller		1	\$250	250
Car Seat		1	\$125	125
Baby Monitors		2	\$60	60
Breast Pump	Bought New	1	\$120	120
Breast Pump	Rented from Hospital	1 (10 months)	\$60	
Breast Milk Storage Bags		12 (1 pack of 50)	\$10	120
Diaper Changing Table		1	\$150	150
Diapers (Disposable)		2 boxes a month (108 Diapers in each box)	\$40	960
Diaper Service (Cloth)		12 months (70 diapers-1 week)	\$80	960
Baby Bathtub		1	\$30	30
Baby Clothes and shoes		20 pieces	\$10	200
First Aid Kit for Babies		1	\$25	25
Blankets		5	\$20	100
Bottles		3 (Set of Four)	\$25	75
Baby Toys				100
Burping Cloths		3 (1 pack of 3)	\$15	45
Diaper Pail (Diaper Genie)		1	\$35	35
Diaper Bag		1	\$50	50
Changing Pad		1	\$25	25
Receiving Blanket		1 pack of 4	\$20	20
Baby Swing		1	\$100	100
Baby Vibrating Chair		1	\$60	60
Baby Wipes		12	\$5	60
Baby Lotion/shampoo/power/diaper rash		12	\$20	240

Not sure what to estimate here

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Not sure what to estimate here

Not sure for how many months

High Chair		1	\$80	80
Baby Gate		3	\$20	60
Baby Carrier/Back pack		1	\$40	40
Organizers/Storage Units		1	\$100	100
Nursing Bras		3	\$30	90
Formula (if needed)		24oz can	\$26	
Baby Medicine: Infant Tylenol, Infant Motrin, Teething Drops, Mylicon, Pedialyte		1 of each	\$6	\$30
Baby Food (self-made)				
Baby Food (Store Bought)		Variety Pack (4oz jars/pack of 12)	\$10	
Breast Pads		12 (1 pack includes 100)	\$10	120
<b>Sub-Total</b>				<b>5195</b>
<b>Post Birth</b>				
Child Care/Nanny/Au Pair	Starting at 3 months	12	\$1,500	18,000
Delivery and Post Partium/Doula expenses	Free if the Doula is in training	?	1,000	
Baby Birth Announcements	Personal Expenses	1 box (100)	\$24	24
Post Birth Hospital Visits (Co-Pays for baby)	Co-Pay and Insurance	12	\$113	1,356
Baby Photos and Prints	Personal Expenses	5	\$30	150
Video Camera/Camera	Personal Expenses	1	\$300	300
<b>Sub-Total</b>				<b>19,830</b>
<b>TOTAL COSTS</b>				<b>72,376</b>

Not sure of quantity per week

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Not sure of quantity per week

Not sure of how many days for service